

# Augustus

| Ma | Di   | Wo   | Do | Vrij | Zat | Zon |
|----|------|------|----|------|-----|-----|
|    |      |      |    |      | 1   | 2   |
| 3  | 4 v  | 5 v  | 6  | 7    | 8   | 9   |
| 10 | 11 v | 12 v | 13 | 14   | 15  | 16  |
| 17 | 18 v | 19 v | 20 | 21   | 22  | 23  |
| 24 | 25 v | 26 v | 27 | 28   | 29  | 30  |

|           |   |                         |                                          |
|-----------|---|-------------------------|------------------------------------------|
| <b>J</b>  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| <b>W</b>  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| <b>Z</b>  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| <b>M</b>  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| <b>Z*</b> | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| <b>V</b>  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|                 |
|-----------------|
| <b>1 t/m 30</b> |
| 5, 12, 19 en 26 |

Zomervakantie op basis schoolrooster  
extra buitenbadtraining

# September

| Ma | Di           | Wo           | Do | Vrij          | Zat       | Zon |
|----|--------------|--------------|----|---------------|-----------|-----|
|    | 1<br>J<br>W  | 2<br>Z<br>M  | 3  | 4<br>Z*<br>W  | 5<br>M/Z  | 6   |
| 7  | 8<br>J<br>W  | 9<br>Z<br>M  | 10 | 11<br>Z*<br>W | 12<br>M/Z | 13  |
| 14 | 15<br>J<br>W | 16<br>Z<br>M | 17 | 18<br>Z*<br>W | 19<br>M/Z | 20  |
| 21 | 22<br>J<br>W | 23<br>Z<br>M | 24 | 25<br>Z*<br>W | 26<br>M/Z | 27  |
| 28 | 29<br>J<br>W | 30<br>Z<br>M |    |               |           |     |

|           |   |                         |                                          |
|-----------|---|-------------------------|------------------------------------------|
| <b>J</b>  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| <b>W</b>  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| <b>Z</b>  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| <b>M</b>  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| <b>Z*</b> | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| <b>V</b>  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

19-sep

start verkoop loten Grote Club Actie

Oktober

| Ma | Di | Wo | Do | Vrij | Zat | Zon |
|----|----|----|----|------|-----|-----|
|    |    |    | 1  | 2    | 3   | 4   |
|    |    |    |    | Z*   | M/z |     |
|    |    |    |    | W    |     |     |
| 5  | 6  | 7  | 8  | 9    | 10  | 11  |
|    | J  |    |    | Z*   | M/z | Z   |
|    | W  | Z  |    | W    |     | 4   |
|    |    | M  |    |      |     | D   |
| 12 | 13 | 14 | 15 | 16   | 17  | 18  |
| Z  | Z  | Z  |    | Z    | M/z |     |
| 4  | 4  | 4  |    | 4    |     |     |
| D  | D  | D  |    | D    |     |     |
| 19 | 20 | 21 | 22 | 23   | 24  | 25  |
|    |    |    |    |      | M/z |     |
|    | W  |    |    | W    |     |     |
|    |    | M  |    |      |     |     |
| 26 | 27 | 28 | 29 | 30   | 31  |     |
|    | J  |    |    | Z*   | M/z |     |
|    | W  | Z  |    | W    |     |     |
|    |    | M  |    |      |     |     |

|    |   |                          |                                          |
|----|---|--------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining   | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining        | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining             | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen    | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugd polo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining   | Wo. 19:30 - 20:30                        |

|                |                                           |
|----------------|-------------------------------------------|
| 11,12,13,14,16 | zwem4daagse week voor Herfstvakantie      |
| 17 t/m 25      | herfstvakantie                            |
| 21, 22, 23     | Vakantie alleen zwemafdeling + Mini-polo. |

November

| Ma | Di           | Wo           | Do | Vrij          | Zat       | Zon |
|----|--------------|--------------|----|---------------|-----------|-----|
|    |              |              |    |               |           | 1   |
| 2  | 3<br>J<br>W  | 4<br>Z<br>M  | 5  | 6<br>Z*<br>W  | 7<br>M/Z  | 8   |
| 9  | 10<br>J<br>W | 11<br>Z<br>M | 12 | 13<br>Z*<br>W | 14<br>M/Z | 15  |
| 16 | 17<br>J<br>W | 18<br>Z<br>M | 19 | 20<br>Z*<br>W | 21<br>M/Z | 22  |
| 23 | 24<br>J<br>W | 25<br>Z<br>M | 26 | 27<br>Z*<br>W | 28<br>M/Z | 29  |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

December

| Ma | Di | Wo | Do | Vrij | Zat | Zon |
|----|----|----|----|------|-----|-----|
|    |    |    |    |      |     |     |
|    | 1  | 2  | 3  | 4    | 5   | 6   |
|    | J  | z  |    | X    | M/z |     |
|    | w  | M  |    | w    |     |     |
| 7  | 8  | 9  | 10 | 11   | 12  | 13  |
|    | J  | z  |    | z*   | M/z |     |
|    | w  | M  |    | w    |     |     |
| 14 | 15 | 16 | 17 | 18   | 19  | 20  |
|    | J  | z  |    | X    | M/z |     |
|    | w  | M  |    | w    |     |     |
| 21 | 22 | 23 | 24 | 25   | 26  | 27  |
|    | X  | X  |    | X    | X   |     |
| 28 | 29 | 30 | 31 |      |     |     |
|    | X  | X  |    |      |     |     |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|           |                                      |
|-----------|--------------------------------------|
| 18        | Geen training Sterrenplan/ Minipolo  |
| 19 t/m 31 | Kerstvakantie; geen trainingen       |
| 4         | Sinterklaasfeest, geen jeugdtraining |

Januari

| Ma | Di           | Wo           | Do | Vrij          | Zat       | Zon |
|----|--------------|--------------|----|---------------|-----------|-----|
|    |              |              |    | 1             | 2         | 3   |
| 4  | 5<br>J<br>W  | 6<br>Z<br>M  | 7  | 8<br>Z*<br>W  | 9<br>M/Z  | 10  |
| 11 | 12<br>J<br>W | 13<br>Z<br>M | 14 | 15<br>Z*<br>W | 16<br>M/Z | 17  |
| 18 | 19<br>J<br>W | 20<br>Z<br>M | 21 | 22<br>Z*<br>W | 23<br>M/Z | 24  |
| 25 | 26<br>J<br>W | 27<br>Z<br>M | 28 | 29<br>Z*<br>W | 30<br>M/Z | 31  |

|           |   |                         |                                          |
|-----------|---|-------------------------|------------------------------------------|
| <b>J</b>  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| <b>W</b>  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| <b>Z</b>  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| <b>M</b>  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| <b>Z*</b> | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| <b>V</b>  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

1 t/m 3

Kerstvakantie; geen trainingen

**Februari**

| Ma | Di                | Wo                 | Do | Vrij               | Zat | Zon |
|----|-------------------|--------------------|----|--------------------|-----|-----|
| 1  | J<br>W            | Z<br>M             |    | <del>5</del><br>W  | M/Z | 7   |
| 8  | <del>9</del><br>W | <del>10</del><br>M | 11 | <del>12</del><br>W | M/Z | 14  |
| 15 | J<br>W            | Z<br>M             | 18 | Z*<br>W            | M/Z | 21  |
| 22 | J<br>W            | Z<br>M             | 25 | Z*<br>W            | M/Z | 28  |
|    |                   |                    |    |                    |     |     |
|    |                   |                    |    |                    |     |     |
|    |                   |                    |    |                    |     |     |
|    |                   |                    |    |                    |     |     |
|    |                   |                    |    |                    |     |     |

|           |                           |                                          |
|-----------|---------------------------|------------------------------------------|
| <b>J</b>  | = jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| <b>W</b>  | = waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| <b>Z</b>  | = zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| <b>M</b>  | = master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| <b>Z*</b> | = Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| <b>V</b>  | = Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|                     |                                           |
|---------------------|-------------------------------------------|
| <b>20 t/m 28</b>    | Voorjaarsvakantie regio midden            |
| <b>5, 9, 10, 12</b> | Vakantie alleen zwemafdeling + Mini-polo. |
| <b>6,9</b>          | Geen training ivm carnaval                |

# Maart

| Ma | Di | Wo | Do | Vrij         | Zat | Zon |
|----|----|----|----|--------------|-----|-----|
| 1  | J  |    |    | Z*           | M/Z |     |
|    | W  | Z  |    | W            |     |     |
|    |    | M  |    |              |     |     |
| 8  | J  |    |    | Z*           | M/Z |     |
|    | W  | Z  |    | W            |     |     |
|    |    | M  |    |              |     |     |
| 15 | J  |    |    | Z*           | M/Z |     |
|    | W  | Z  |    | W            |     |     |
|    |    | M  |    |              |     |     |
| 22 | J  |    |    | <del>X</del> | M/Z |     |
|    | W  | Z  |    |              |     |     |
|    |    | M  |    |              |     |     |
| 29 | J  |    |    |              |     |     |
|    | W  | Z  |    |              |     |     |
|    |    | M  |    |              |     |     |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|       |               |
|-------|---------------|
| 28,29 | Pasen         |
| 26    | Goede vrijdag |

# April

| Ma | Di | Wo | Do | Vrij | Zat | Zon |
|----|----|----|----|------|-----|-----|
|    |    |    | 1  | 2    | 3   | 4   |
| 5  | 6  | 7  | 8  | 9    | 10  | 11  |
| 12 | 13 | 14 | 15 | 16   | 17  | 18  |
| 19 | 20 | 21 | 22 | 23   | 24  | 25  |
| 26 | 27 | 28 | 29 | 30   |     |     |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|           |                                                |
|-----------|------------------------------------------------|
| 3         | Geen training ivm Goede Vrijdag, Pasen 5 April |
| 24 t/m 30 | Mei vakantie (Midden), Oude IJsselstreek       |
| 27        | Koningsdag, Geen training                      |
| 23, 28    | Vakantie alleen zwemafdeling + Mini-polo.      |

Mei

| Ma | Di | Wo | Do | Vrij | Zat | Zon |
|----|----|----|----|------|-----|-----|
|    |    |    |    |      | 1   | 2   |
|    |    |    |    |      | M/Z |     |
| 3  | 4  | 5  | 6  | 7    | 8   | 9   |
|    |    |    |    |      | M/Z |     |
| 10 | 11 | 12 | 13 | 14   | 15  | 16  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |
| 17 | 18 | 19 | 20 | 21   | 22  | 23  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |
| 24 | 25 | 26 | 27 | 28   | 29  | 30  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|        |                                           |
|--------|-------------------------------------------|
|        | Mei vakantie                              |
| 4, 5   | Vakantie alleen zwemafdeling + Mini-polo. |
| 7      | Geen trainingen                           |
| 6      | Hemelvaart                                |
| 16, 17 | Pinksteren                                |

# Juni

| Ma | Di | Wo | Do | Vrij | Zat | Zon |
|----|----|----|----|------|-----|-----|
|    |    |    |    |      |     |     |
|    | 1  | 2  | 3  | 4    | 5   | 6   |
|    | J  | W  |    | W    | M/Z |     |
|    |    |    |    |      |     |     |
|    |    |    |    |      |     |     |
| 7  | 8  | 9  | 10 | 11   | 12  | 13  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |
|    |    |    |    |      |     |     |
|    |    |    |    |      |     |     |
| 14 | 15 | 16 | 17 | 18   | 19  | 20  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |
|    |    |    |    |      |     |     |
|    |    |    |    |      |     |     |
| 21 | 22 | 23 | 24 | 25   | 26  | 27  |
|    | J  |    |    | Z*   | M/Z |     |
|    | W  |    |    | W    |     |     |
|    |    |    |    |      |     |     |
|    |    |    |    |      |     |     |
| 28 | 29 | 30 |    |      |     |     |
|    | J  |    |    |      |     |     |
|    | W  |    |    |      |     |     |
|    |    |    |    |      |     |     |
|    |    |    |    |      |     |     |

|    |   |                         |                                          |
|----|---|-------------------------|------------------------------------------|
| J  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| W  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| Z  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| M  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| Z* | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| V  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|         |                                             |
|---------|---------------------------------------------|
| 2 t/m 5 | Uiftse wandel4daagse (1ste volle week Juni) |
| 2, 4    | Geen zwemjeugdtraining, geen minipolo       |
| 2       | WEL wedstrijdzwemmen, start uur 18:30       |

Juli

| Ma | Di          | Wo          | Do | Vrij         | Zat       | Zon |
|----|-------------|-------------|----|--------------|-----------|-----|
|    |             |             | 1  | 2<br>Z*<br>W | 3<br>M/Z  | 4   |
| 5  | 6<br>J<br>W | 7<br>Z<br>M | 8  | 9<br>W       | 10<br>M/Z | 11  |
| 12 | 13          | 14<br>V     | 15 | 16           | 17        | 18  |
| 19 | 20          | 21<br>V     | 22 | 23           | 24        | 25  |
| 26 | 27          | 28<br>V     | 29 | 30           | 31        |     |

|           |   |                         |                                          |
|-----------|---|-------------------------|------------------------------------------|
| <b>J</b>  | = | jeugdwaterpolotraining  | Di. 18:30 - 19:30                        |
| <b>W</b>  | = | waterpolotraining       | Di. 19:30 - 20:30 en Vrij. 19:30 - 21:00 |
| <b>Z</b>  | = | zwemtraining            | Wo. 17:30 - 19:30 en Za. 9:00 - 10:00    |
| <b>M</b>  | = | master en trimzwemmen   | Wo. 19:30 - 20:30 en Za. 9:00 - 10:00    |
| <b>Z*</b> | = | Sterrenplan + Jeugdpolo | Vrij. 18:30 - 19:30                      |
| <b>V</b>  | = | Extra vakantietraining  | Wo. 19:30 - 20:30                        |

|                  |
|------------------|
| <b>10 t/m 31</b> |
| <b>17</b>        |
| <b>22, 29</b>    |

Zomervakantie t/m 29 Aug  
Geen zwem en minipolotraining.  
Vakantietraining in Openluchtbad